

# Challenge yourself and grow

## Vision Quest, August 2-8, 2009

A weeklong opportunity for time in nature, with time-proven ceremonies, preserved over centuries, to guide the human spirit on its path of light.

Learn to dialogue with nature and Spirit and find a place of health, hope, happiness, harmony and humour. It is in the stillness that you will know what life is trying to teach you at this moment. Come find the beauty and power in your life.



- Experience ceremony that supports and heals
- Find tools to support your evolution
- Become a leader in your own life

There is always a time  
and space for Spirit



**416-603-4912** Learn more about our programs at [www.icss.org](http://www.icss.org)